

FSR MARATHON TRAINING GROUP

Begins January 28, 2012
For Full and Half Marathon Runners



Registration Now Open! Registration Fee: \$90 now - Dec 1; \$100 after Dec 1 OR until FULL (capped @150 runners)!

FSR: Faster. Stronger. Runner. coaches and trains runners of all abilities to become the best runner they can be through professional training programs, inspirational and experienced coaching staff and expertise in preventive measures for running related injuries.

FSR Directors: Jenny Aune 701-866-2536 and Marilyn Laliberte. 701-799-2488

Name: _____

Email Address: _____

Phone #: _____

(circle one): FULL or 1/2

FSR: "THE RIGHT WAY TO TRAIN"



Drop off or
Mail your registration at
Fargo Running Company
1801 45th Street South
Fargo, ND 58104
ATTENTION: **FSR**

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